



RUN OR DYE

WORLD'S MOST  
COLOURFUL 5K™

NATIONAL CHARITY PARTNER: LOCAL CHARITY PARTNER:



STANSTED PARK  
PORTSMOUTH

20TH SEPTEMBER 2015





# RUN OR DYE


NATIONAL CHARITY PARTNER


LOCAL CHARITY PARTNER




Run or Dye is the World's most colourful 5k where friends and family run, walk and dance around the course getting covered in coloured powder from start to finish. After the run everyone moves through to the dye festival to party with the live Mcs while getting the most out of their FREE dye! Each participant will also receive a swag bag with a t-shirt, bracelet, race number, tattoo, and Dye packet! Run or Dye welcomes everyone to join them in spreading the love this 2015! Remember, Under 6's Run or Dye for FREE!

# SIGN UP NOW AT [RUNORDYE.CO.UK](http://RUNORDYE.CO.UK)

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